

She

IT'S A
SIX!

INDIA

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From Left to Right
Sanjana Krishnamoorthy,
DR M Sushmitaa Priya,
Dr. Paalini Selvam,
Nivedithya Mohan,
& Preity Mukhundhan



**SPREAD
PERIOD
POSITIVITY**
Break the Silence,
End the Stigma



winning Hearts

ZOY - SHE TAMIL NAKSHATRAM AWARDS 2025
ICONS. TRAILBLAZERS. WINNERS.

+winning Hearts

From Left to Right
Nirmala Mohan, Soundariya Nanjundan, Sriya Reddy,
Sai Dhanshika, Aditi Balan, Manimegalai, Sachana Namidass,
Iswarya Menon & Nikitha Rajesh

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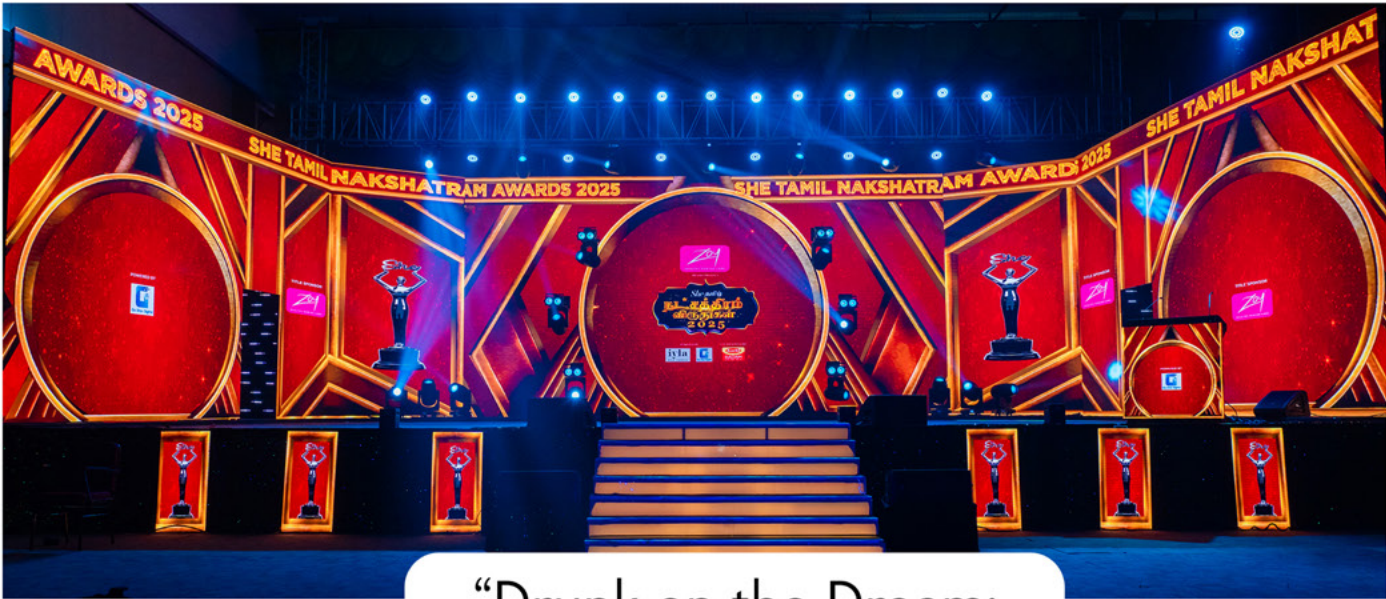
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விருதுகள்
2025

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“Drunk on the Dream:
5 Years High on SHE”

WHEN VISION TURNS INTO A MOVEMENT, **THERE’S NO COMING DOWN.**

She India is stepping into its **sixth year** — and let me tell you, this isn’t just a brand anymore. It’s a full-blown addiction. I’ve consumed it like alcohol, and five years later, I’m still high. Not just on the events, the awards, or the applause — but on the fire it takes to build something that dares to redefine power, purpose, and presence.

This year, we expanded. We launched the Telugu edition of She Nakshatram Awards 2025 in Hyderabad — and it was madness in motion. A brand-new city, fresh challenges, new expectations, and yet... what a spectacle it turned out to be. **The inaugural She Telugu Nakshatram Awards in partnership with BusinessMint was everything we dreamed of and more.**

Was it easy? Hell no. Was it worth it? Every damn second.

Now, coming back home — **She Tamil Nakshatram Awards 2025** was a thunderous celebration of womanhood in all its shades. From cinema and business to beauty and digital power, the stage glittered with real stories, raw courage, and relentless ambition.

A heartfelt thank you to our sponsors, partners, nominees, winners, and of course, our readers, who’ve stayed loyal and loud. Special love to Zoy, Iyla Silks, and everyone who believed we could pull off another banger of a night.

And here’s something I want to leave you with. You know how **RCB won the IPL after 18 long years**? That’s not just cricket. That’s life. Sometimes, your win is waiting. Sometimes, the universe takes its sweet time. But when the moment finally comes, it hits like destiny with a mic drop.

So if you’re reading this wondering when your time will come — be patient. Keep showing up. Keep building. Because the trophy has your name on it, and when it arrives...

“Inime inga naan thaan.”
That’s not a quote. That’s a promise.

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ZOY - SHE TAMIL NAKSHATRAM AWARDS 2025
ICONS. TRAILBLAZERS. WINNERS.

Cover Story

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Niveditha Mohan,
& Preity Mukhundhan



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Sai Dhanshika, Aditi Balan, Manimegalai, Sachana Namidass,
Iswarya Menon & Nikitha Rajesh

An unforgettable evening celebrating resilience, ambition, and
unapologetic womanhood — the **She Tamil Nakshatram Awards 2025**
was more than an event; it was a revolution in glitter.



Beyond the Spotlight

A NIGHT OF **TAMIL PRIDE AND FEMINE POWER**

COVER PHOTOGRAPHER **BALAKUMARAN** CURATED BY **DEEKSHITA NIKKAM**
PRODUCED BY **BXD PRODUCTIONS**

Sisterhood in Spotlight: ZOY's 3rd She Tamil Nakshatram Awards Sets a New Benchmark

March 29, 2025, witnessed an electrifying celebration of excellence at the Chennai Trade Centre, where She India, in association with IYLA Silks and Go Stay Digital, co-presented by Aachi Badam Drink Mix, unfurled the third edition of the She Tamil Nakshatram Awards. With bold, blazing brilliance, the awards honored the women redefining power across cinema, television, digital platforms, and beauty industries. This wasn't just a red carpet affair — it was a thunderous ovation for Tamil Nadu's fierce, fearless women. From breakthrough achievers to industry legends, this night saluted strength wrapped in style.



Sanjana Krishnamoorthy's Double Victory

BEST ACTRESS IN A LEAD ROLE & PEOPLE'S FAVORITE ACTRESS

From behind the scenes to center stage — Sanjana Krishnamoorthy is no longer just part of the story; she's ready to tell her own.

*Lubber
Pandhu
Star Wins
Big,
Lights Up
the Night*



A Double Victory for a Rising Star

Sanjana Krishnamoorthy was the undisputed queen of the evening, walking away with two of the most coveted honours — Best Actress in a Leading Role and People's Choice Favorite Actress for her breakthrough performance in *Lubber Pandhu*. Her layered portrayal of strength and vulnerability struck a powerful chord with both the jury and the audience. While she graciously accepted the first award, the second one — a fan-voted recognition — left her genuinely overwhelmed. "This one caught me off guard," she smiled, visibly moved by the crowd's applause.

From Silver Screen Star to Assistant Director

In her acceptance speech, Sanjana opened up about her evolution in the film industry — from her humble beginnings as an assistant director to starring in major projects. She fondly recalled her days learning under legendary filmmaker Mani Ratnam, calling it a formative period that shaped her vision. Now, with *Thug Life* on the horizon, she spoke excitedly about working alongside Ulaganayagan Kamal Haasan, calling it a dream come true. "Being on set with such legends teaches you something new every day," she shared, her voice filled with awe and gratitude.

A Director in the Making

Despite her acting accolades, Sanjana made it clear she's not done evolving. "A director is marching forward," she declared, hinting at her long-term vision behind the camera. With her cinematic sensibilities, grounded humility, and sheer drive, she is proving that she's here to stay — both in front of and behind the lens.



From viral videos to dream roles, a star is born!

PREITY MUKHUNDHAN - BEST DEBUT ACTRESS (MOVIES)

*With every step, **Preity Mukhundhan** proves she's the star we didn't know we needed.*

*Style,
surprise,
and stardom
—Preity
delivered
it all.*



Preity Mukhundhan Steals the Show with Style and Surprise

Adding a dose of star power to the evening, Preity Mukhundhan turned heads with her radiant presence and effortless charm. Dressed in an elegant ensemble, she lit up the red carpet with grace. The crowd erupted in cheers when director Elan from the much-anticipated film *Star* made a surprise entrance — not only to attend, but to personally present awards to Preity and her co-star Geetha Kailasam. For fans of the film, it was a picture-perfect reunion that added to the magic of the night.

From Viral Hits to Viral Hearts

Preity's rising stardom was further cemented with the recent success of her music video *Aasa Kooda*, which went viral across social media platforms. With millions of views and countless reels recreating her performance, she proved once again that she's more than just a pretty face — she's a performer with presence. Her ability to connect with audiences through music, fashion, and screen has made her one of the most beloved breakout stars of the year.

Big Dreams, Bigger Plans

Preity didn't stop with just style and starry moments — she gave fans a sneak peek into her upcoming projects, leaving them eagerly waiting for what's next. With a twinkle in her eye, she candidly revealed her dream co-star: Dulquer Salmaan. "It would be a dream come true," she admitted, setting the stage for a future collaboration fans would love to see. From elegance to energy, Preity's journey is just getting started.



She came, she
conquered

ADITI BALAN
VERSATILE PERFORMER
OF THE YEAR (MOVIES)
- CAPTAIN MILLER

*From Aruvi to Captain Miller,
Aditi's journey is nothing short
of iconic.*

Aditi Balan, celebrated for her range and depth, took home the Versatile Performer of the Year award for her impactful role in Captain Miller. Gracing the stage with both elegance and energy, she delivered a powerful message on women's strength that drew admiration across the room.

In a nostalgic moment, Aditi recited a long dialogue from her debut film Aruvi — a performance that still lives in her heart even after 8 years. Her flawless delivery had the audience cheering and whistling, a true testament to her staying power and emotional connection with fans.



Captain Miller

A mother role always
masterclass

GEETHA KAILASAM
BEST SUPPORTING ACTRESS
OF THE YEAR (MOVIES)
- STAR

*From laughter to tears,
she delivered it all in 2024.*

Geetha Kailasam won hearts and the award for Best Actress in a Supporting Role for her dynamic performance in Star. In a touching moment, she was presented the award by her film's director, Elan.

On stage, Geetha thanked him wholeheartedly for trusting her with such a layered mother role — one that gave her room to explore emotion, comedy, and everything an artist dreams of portraying. 2024 has been a standout year in her filmography, with acclaimed performances in Star, Lubber Pandhu, and Amaran, proving her versatility and powerful screen presence.



Star



From Maharaja to **Madarasi**

SACHANA NAMIDASS

SPECIAL PERFORMANCE IN
SUPPORTING ROLE (MOVIES)
- MAHARAJA

*A special performance,
a special moment —
Sachana owns the spotlight.*

Sachana Namidass won Special Performance in a Supporting Role for her impactful portrayal in Maharaja. The award was presented by singer Pragathi Guruprasad, who had just captivated the audience with a soulful performance and launch of her new music video Adada. Overwhelmed with gratitude, Sachana also thrilled fans by revealing her next big move — she's officially part of Madarasi, starring Sivakarthikeyan.



Maharaja



When Voice Meets **Stardom**

MAHALAKSHMI

BEST DUBBING ARTIST
- PUSHPA 2

*Dubbing Diva Mahalakshmi
Steals the Spotlight.*

The showstopper of the evening was undoubtedly Mahalakshmi, who took home the award for Best Dubbing Artist of the Year (Movies) for her sensational work as the voice of Rashmika Mandanna in Pushpa 2: The Rule.

Her live on-stage dubbing of Rashmika's iconic dialogue had the audience on their feet, roaring with excitement. With flawless timing and attitude, Mahalakshmi proved why her voice is as much a part of the magic as the performance itself.

In her heartfelt speech, she credited the entire Pushpa 2 crew for trusting her with such a powerful role. "Voicing Srivalli was an honor," she said. "Thank you for letting me be the voice behind the fire."



Pushpa 2 (Tamil)



More Than a Shoe — A Story of Love, Loss & Living

ISWARYA MENON - YOUTH ICON OF THE YEAR (MOVIES)

Iswarya Menon turned her win into a tribute — proving that real icons are shaped by love, sacrifice, and the strength of a mother.

*More than
a muse —
a message
that moved
millions.*



A Youth Icon Crowned

Iswarya Menon was named Youth Icon of the Year (Movies) in a moment that felt as personal as it was powerful. As soon as she stepped on stage, she invited her mother to join her. What followed was an emotional gesture — Iswarya handed over the award to her mom, saying, “She is me & I am her – We are ONE.” The auditorium erupted in applause, witnessing a rare and beautiful tribute to maternal strength and sacrifice.

The Golden Shoe and a Life Lesson

“I was 5 years old when I saw this fairy tale golden shoe — dazzling and brighter than 24-carat gold. It was calling out to me like magic,” Iswarya recalled. Her father bought it, even though it was beyond their budget. “I admired it for years, waiting for the perfect moment to wear it. But when I finally tried, it didn’t fit — I had outgrown it.” She then shared a quote that stuck with her: “A ship is safe in the harbour, but that’s not what ships are built for.” With tears in her eyes, she reminded the crowd, “Don’t delay joy — live now, cherish now, wear the shoes.”

More Than Just Glamour

From style and screen presence to authenticity and storytelling, Iswarya Menon represents a new kind of star — one who balances fame with heart. Her message was clear: don’t wait for the ‘perfect time.’ Being present, grateful, and real is what makes her not just a youth icon, but a beacon of inspiration.

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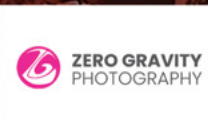
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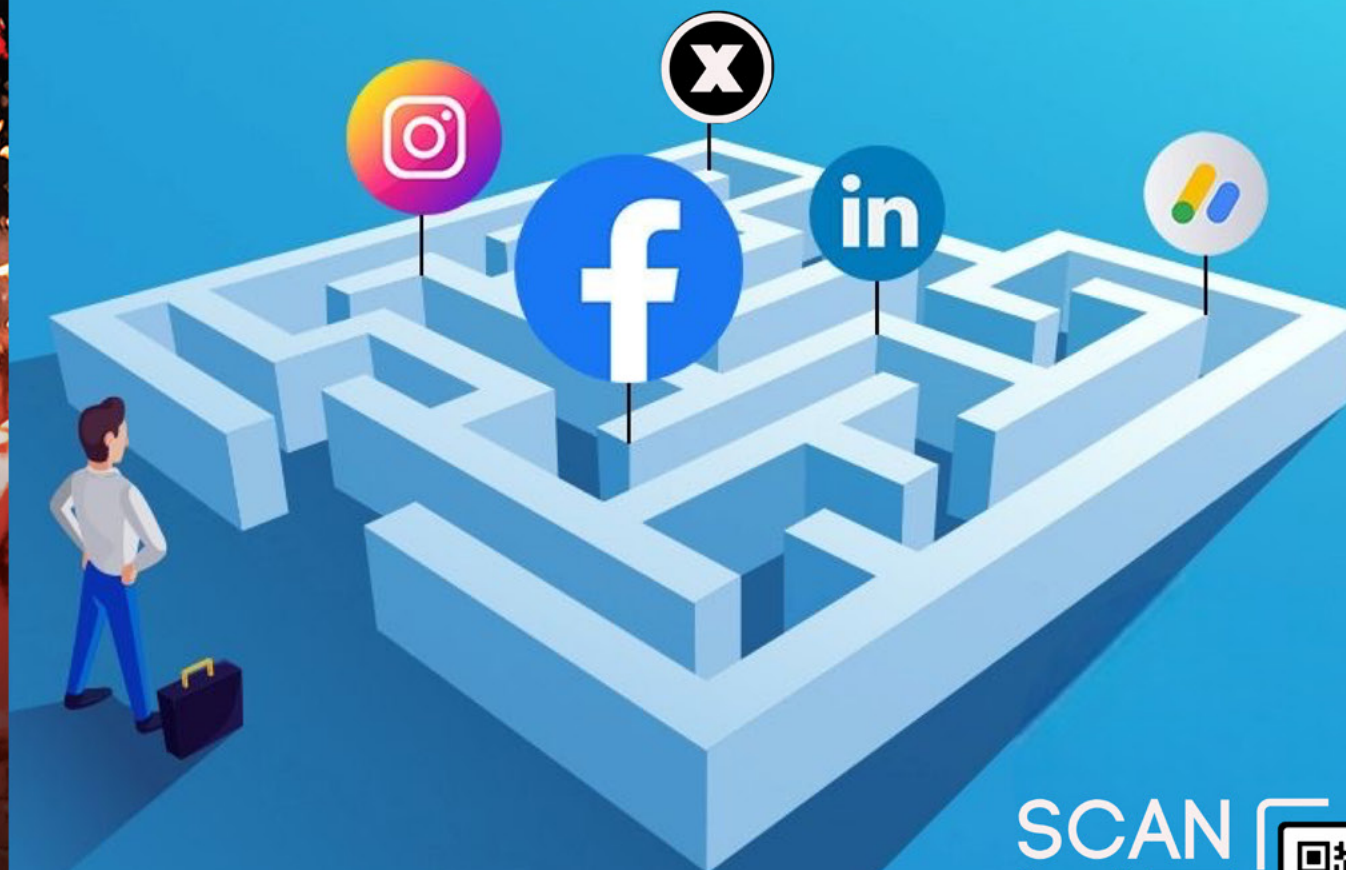
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MANIMEGALAI
BEST TELEVISION HOST

*Two decades of charm
— and still stealing hearts.*

The ever-charming Manimegalai received the Best Television Host award, marking a powerful milestone in her remarkable 20-year journey on screen. Known for her infectious energy and relatability, she continues to be a household favorite across Tamil Nadu.

Her emotional acceptance speech became one of the night's most talked-about moments. With gratitude in her voice and joy in her heart, she said, "This black beauty will have a proud place in the showcase of my new house."

A symbol of resilience, consistency, and charisma — Manimegalai reminded everyone that with passion and perseverance, the spotlight will always find you.



Zee Tamil

The real crown? Public love!

SOUNDARIYA NANJUNDAN
PROMISING OUTCOMER
OF THE YEAR (TELEVISION)
— *BIGG BOSS 8*

*Didn't win the title
— won the people.*

Bigg Boss 8 contestant Soundariya Nanjundan may not have taken home the show's trophy, but she certainly walked away with something more powerful — the love of the people. Crowned Promising Outcomer of the Year, Soundariya lit up the room by hilariously recreating some of her most iconic expressions from the show, reminding everyone why she became a household name. With wit, charm, and unfiltered honesty, she declared, "I may not have won Bigg Boss — but I'm the people's winner." The applause that followed was deafening, proving that her words rang true. Her rise is proof that authenticity wins hearts. Whether it's drama, laughter, or pure realness — Soundariya delivers every time.



Bigg Boss 8



Star on screen, daughter
at hearts

THARSHIKA

FAVORITE REALITY SHOW
CONTESTANT – *BIGG BOSS 8*
& *JODI ARE YOU READY*

*Reality TV's sweetheart turns
the spotlight into a heartfelt
moment of gratitude and pride.*

Tharshika, fondly known as “Cute Tharshika,” lit up the stage at the She Tamil Nakshatram Awards 2025 as she was honored with the Favorite Reality Show Contestant award for her fan-favorite stints on Bigg Boss 8 and Jodi Are You Ready.

In her heartfelt speech, Tharshika shared, “This award means the world to me, but making my mom proud — that’s my real win.” With charm, authenticity, and a smile that melted hearts, she proved once again why audiences continue to root for her, on-screen and off.



Bigg Boss 8

Loved, even in
absence.

LAKSHMI PRIYA

FAVORITE TELEVISION ACTRESS
– *MAHANADHI*

*The screen may pause,
but love plays on.*

Though Lakshmi Priya couldn't attend the ceremony in person, her presence was felt through a touching message that resonated deeply with fans. “My heart is always with the audience,” she said, expressing immense gratitude for their constant love and support. Crowned Favorite Television Actress for her powerful performance in Mahanadhi, this marks yet another milestone in her journey, as she also bagged the same honor at the She Tamil Nakshatram Awards 2024. With back-to-back recognitions, Lakshmi Priya continues to be a beloved face in Tamil television. Her portrayal in Mahanadhi has not just won awards, but hearts — proving that great acting transcends screens, stages, and even ceremony halls.



Mahanadhi



Grace, gratitude, and a
little gossip

NIKITHA RAJESH

BEST ACTRESS IN A
LEADING ROLE (TELEVISION)
- *MALLI*

*When an award night turns
into a headline moment.*

Nikitha Rajesh, crowned Best Actress in a Leading Role for her moving performance in *Malli*, charmed the audience with an honest, heartwarming speech. She credited the entire *Malli* team for the recognition and added, "What's next? I'm just going with the flow."

But the biggest moment of the night? When she casually dropped a surprise relationship update — and the crowd couldn't get enough! Her candidness, warmth, and humility made the celebration all the more memorable.



Malli

Global hearts,
one queen

GOMATHI PRIYA

DESIRABLE ACTRESS
OF THE YEAR (TELEVISION)
- *SIRAGADIKKA AASAI*

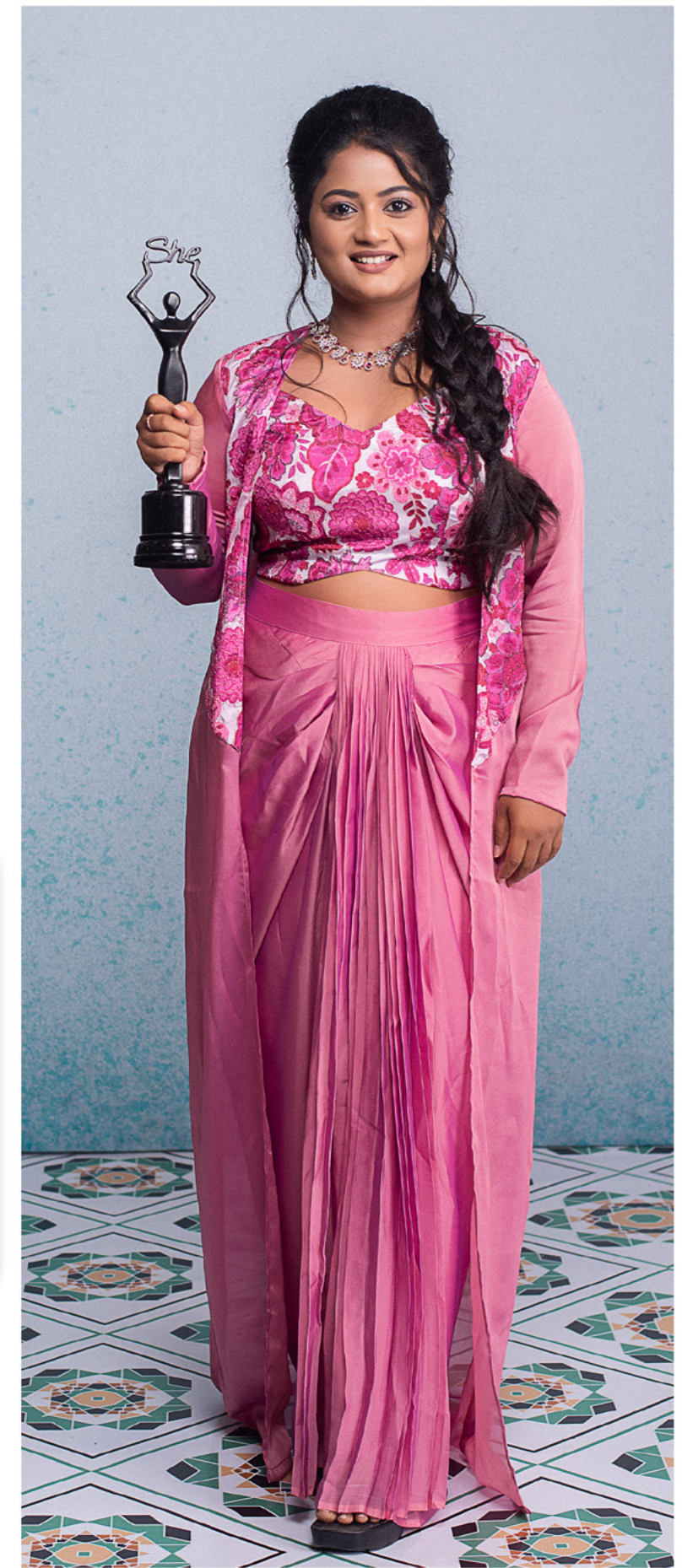
*No.1 on-screen and in the
audience's hearts.*

Gomathi Priya, celebrated for her captivating role in *Siragadikka Aasai*, was named Desirable Actress of the Year. In a heartfelt speech, she expressed deep gratitude to the global Tamil audience: "No.1 only because of you all," she said, eyes glistening with emotion.

Her graceful presence and humility reminded everyone why she continues to win both awards and hearts.



Siragadikka Aasai





Power. Presence.

Performance

SRIYA REDDY

BEST ACTRESS IN A LEADING ROLE
(WEB SERIES)

– THALAIMAI SEYALAGAM

Sriya Reddy proves talent only gets better with time.

Sriya Reddy was awarded Best Actress in a Leading Role (Web Series) for her commanding and emotionally charged performance in ThalaiMai Seyalagam. Known for her fierce screen presence and unshakable poise, Sriya captivated audiences and critics alike with a role that showcased strength, nuance, and vulnerability.

In her heartfelt acceptance speech, Sriya stated, “Age is just a number,” earning thunderous applause and inspiring women everywhere to embrace their power at every stage of life. Her win is more than a personal triumph — it’s a cultural moment, breaking stereotypes and redefining leading roles for women in digital entertainment.



ThalaiMai Seyalagam

OTT found a

New favorite

SAI DHANSHIKA

FAVORITE ACTRESS
(WEB SERIES)

– AINDHAM VEDHAM

From silver screen to streaming stardom.

Sai Dhanshika was honored as Favorite Actress (Web Series) for her impactful role in Aindham Vedham, a performance that captivated viewers with its intensity and grace. On stage, she delivered an emotional tribute, dedicating the award to her beloved uncle who, she said, had always believed in her dreams.

Dhanshika also opened up about the roller-coaster journey of being an actress — filled with highs, lows, and silent strength — and encouraged more Tamil heroines to step boldly into the OTT space. “There’s room for all our voices,” she said, lighting the path for the next wave of women in digital entertainment.



Aindham Vedham



She choreographs
impact

ANUSHA VISWANATHAN

BEST CHOREOGRAPHER OF THE YEAR
(DIGITAL)
— AASA KOODA

*Every move tells a story
— and hers is one of brilliance.*

Anusha Viswanathan claimed the title of Best Choreographer of the Year for her stunning work in Aasa Kooda. With a flair that fuses emotion and energy, Anusha has become a force in digital choreography, earning praise from artists and audiences alike.

Her journey is a testament to the power of persistence, passion, and precision. Whether it's a reel, a stage performance, or a full-blown digital musical, her golden touch transforms rhythm into magic — and moments into memories.



Aasa Kooda



Quiet brilliance, loudly
celebrated

ABI

SPECIAL MENTIONS
(DIGITAL)
— GIRLY CHANNEL

*Sometimes the quietest
performances echo the loudest.*

Abi, known for her authenticity and charm, was honored with a Special Mention for her role in Girly — a recognition that touched her deeply. Taking the stage with grace, she offered a heartfelt thank you to her team and loyal audience.

“This award is a reflection of your trust and belief in me,” she shared, her voice full of gratitude. Abi's performance resonated with viewers, blending strength and vulnerability in a way that left a lasting impression.

With this milestone, Abi continues to inspire, reminding aspiring artists that genuine storytelling always finds its audience.





Crowning Glory,
Two Years in a Row

SUSILON : THE BEAUTY ART STUDIO - BEST HAIR EXTENSIONS BRAND

*Dr. Sushmitaa Priya blends science and beauty
 to craft a new standard.*

*Back-to-Back
 Brilliance:
 Susilon Bags
 Hair Brand
 of the Year
 Again*



*Susilon proves that
 consistency and class are
 always in style.*

In a powerful display of consistency and excellence, Susilon – The Beauty Art Studio was crowned Hair Extensions Brand of the Year for the second consecutive year — 2024 and 2025. This consecutive win cements Susilon's legacy in redefining hair beauty, innovation, and trust. The moment was made even more meaningful when founder Dr. M. Sushmitaa Priya took the stage with grace and gratitude.

*Seamless Beauty, Strand by
 Strand*

"As a doctor and a gynecologist, venturing into the beauty industry was a bold move," she shared. "Thank you so much, She Awards, for this incredible honor. I am deeply grateful to my family, especially my husband, who has been my rock and supported me through this journey." Her emotional tribute also extended to her dedicated crew: "Lastly, I want to thank my amazing team at Susilon—this wouldn't have been possible without you. Thank you, team Susilon!"

*More Than a Studio –
 It's an Experience*

At the heart of Susilon's success lies its premium-quality human hair extensions, expertly crafted for seamless blending, long-lasting wear, and luxurious results. Offering solutions from clip-ins to tape-ins and sew-ins, Susilon is not just a beauty destination — it's a statement. With every strand, they remind clients that beauty is power, and confidence starts at the roots.



Eyebrows Raised — In Awe

DR. PREETHA SARAVANAN
BEST MICROBLADING ARTIST
OF THE YEAR

Dr. Preetha proves that dreams grow anywhere—even from the most humble beginnings.

Dr. Preetha Saravanan was recognized as the Best Microblading Artist, and her heartfelt speech became an instant highlight of the evening. With poise and pride, she took the audience through her inspiring journey — from growing up in an agricultural family to becoming one of the most sought-after names in the beauty industry.

Her story was more than just success — it was about transformation, grit, and staying grounded. “If I can do it, anyone can,” she said, moving many to tears and cheers.

Dr. Preetha’s win wasn’t just a personal triumph — it was a message to every dreamer out there.



Confidence, Inked

BRINDHA
PMU ARTIST
OF THE YEAR

Brindha redefines beauty through every brush and needle.

Brindha, crowned Best PMU (Permanent Makeup) Artist, took the spotlight not just to celebrate her win, but to educate. With grace and clarity, she spoke about how PMU is more than a beauty trend — it’s a tool of empowerment.

Her words struck a chord with many: “Permanent Makeup isn’t just about enhancing features. It’s about restoring confidence, especially for women who’ve faced trauma, illness, or self-doubt.”

With a growing client base and increasing awareness, Brindha’s artistry is redefining beauty standards — one confident face at a time.





Skincare is Science — But Success is a Support System

DR. N. K. ABIRAME - COSMETIC DERMATOLOGIST OF THE YEAR

Dr. Abirame's story reminds us that brilliance is rarely solo — it's built with love, support, and purpose.

*It Takes a
Village to
Build
Confidence
and a
Career*



Crafting Confidence Through Skincare

With over five years of experience in both medical and cosmetic dermatology, Dr. Abirame Subash has emerged as a trusted name in the skincare world. Through her clinic, DERMATONIQ, she delivers personalized, results-driven treatments that blend science and aesthetics — all aimed at empowering patients to feel beautiful and confident in their own skin.

A Heartfelt Tribute on Stage

As she accepted the Cosmetic Dermatologist of the Year award, Dr. Abirame shared a deeply personal speech. She thanked her husband, parents, and the wider medical community for their unwavering support. But it was her emotional shoutout to her mother-in-law that left the audience teary-eyed — a rare and moving recognition of a woman who stood by her like a silent pillar.

Rooted in Purpose, Rising with Passion

Dr. Abirame's journey is a testament to balancing professional ambition with grace and gratitude. Her commitment to ethical care, innovation, and empathy makes her a rising star in dermatology — one who believes beauty begins with care and the right kind of support system.



Breaking norms, building
dreams

NAZILA BEGAM
BRIDAL ENTREPRENEUR
OF THE YEAR

*From humble beginnings to
bridal brilliance — Nazila's
journey inspires generations.*

A true visionary in the bridal beauty industry, Nazila Begam was named Bridal Entrepreneur of the Year for her outstanding work and impact. In an emotional and inspiring speech, she shared her journey of building Nazla Makeup Studio & Academy from the ground up.

Raised by a single mother in an orthodox Muslim household, Nazila's path wasn't easy — but her determination, talent, and passion led her to break barriers and build an empire that empowers other women too.

She dedicated the award to her family, saying, "This award is not just mine — it belongs to everyone who stood by me."



Passion. Purpose.
Rise.

S. K. MAHESWARI RANI
RISING MUA
OF THE YEAR

*Proof that dreams thrive with
the right support.*

S. K. Maheswari Rani, awarded Rising MUA, gave a heartfelt tribute to the woman behind her success — her mother. With emotion in her voice, she shared how her mother's unwavering belief and constant encouragement helped her pursue her dreams. Maheswari also used her moment in the spotlight to inspire young women everywhere: "If you have a passion, follow it with courage — the world will notice."

From a small-town girl with a love for colors to a recognized artist on a big stage, her journey is proof that talent backed by resilience can break barriers. Maheswari now hopes to mentor aspiring makeup artists and pass on the support that shaped her story.





Because beauty isn't fairness
it's fearlessness

NIRMALA MOHAN - BEST BRIDAL MUA

Nirmala Mohan redefined bridal beauty — proving that dusky skin shines brightest when celebrated, not concealed.

*Brown is
 beautiful,
 bold,
 and
 finally
 bridal.*



Redefining Bridal Beauty
 Nirmala Mohan, crowned Best Bridal MUA, is being celebrated for her powerful shift in bridal beauty narratives. In an industry that often glorifies lighter skin, her viral makeover videos proudly highlight the elegance and richness of dusky complexions. Her work challenges long-standing beauty stereotypes and puts the spotlight on inclusivity, earning her love and recognition far beyond her client list.

Celebrating Skin Without Compromise
 Her approach goes deeper than just makeup — it's a movement. In a world where many artists lighten dusky complexions to fit outdated standards, Nirmala celebrates them. The countless comments on her videos from women who finally feel seen and beautiful speak volumes. For dark-skinned brides who've spent years feeling overlooked, her work is not just a service — it's a form of validation.

Empowering the Next Generation
 Beyond her own clients, Nirmala uplifts the next wave of artists. She doesn't chase trends or run endless paid masterclasses. Instead, she holds focused, affordable workshops that teach artists how to confidently and correctly work with deeper skin tones. With over 220k followers backing her journey, she credits her rise to the community of women who believed in her vision and shared her mission.



Blending beauty with
purpose

THE NBELLA SPOT
SALON
OF THE YEAR

*From brushes to ballots
— she's painting a new future.*

The Bella Spot, helmed by Subarthana T, was crowned Salon of the Year, honoring not just her artistry but her impact as a makeup educator and mentor. With heartfelt pride, she dedicated the award to all women — saluting their resilience, strength, and timeless beauty.

Adding to her inspiring journey, Subarthana is now stepping into the world of politics, joining hands with Tamilaga Vettri Kazhagam's Women Team, aiming to be a voice for empowerment and a symbol of bold change.



Precision. Passion.
Perfection.

DR. RASHIKA
SMILE DESIGNER
OF THE YEAR

*Where every smile tells
a story.*

Dr. Rashika, founder of Glow Align, received the prestigious title of Smile Designer of the Year – General for her excellence in cosmetic dentistry and aesthetic smile transformations. With a keen eye for detail and a deep understanding of facial harmony, she has helped countless clients rediscover their confidence through natural, radiant smiles. Her approach combines medical expertise with an artist's touch — proving that a smile is not just about teeth, but about joy, self-expression, and identity.





Unfiltered, Unafraid & Unstoppable

DR. NIVEDITHA KAMARAJ - HEALTHCARE ICON OF THE YEAR

In a society that shies away from uncomfortable truths, Dr. Niveditha Kamaraj is not just speaking up—she's shifting the conversation.

Buying a condom or a contraceptive tablet still invites judgment,



Speaking What Others Won't

When Dr. Niveditha Kamaraj received the Healthcare Icon of the Year award, she used the spotlight to address what society still hesitates to say out loud. "Non-pregnancy and sex are things people feel shy or wrong to talk about," she declared.

At the helm of Aakash Fertility Centre, her mission goes beyond medicine—it's about opening minds and breaking taboos.

A Doctor with a Different Prescription

From contraceptives to infertility, Dr. Niveditha boldly challenges the stigma wrapped around reproductive health. "Buying a condom or a contraceptive tablet still invites judgment," she said, pointing to the cultural shame that often surrounds basic health choices. Her work empowers women not just with treatment, but with the dignity of open conversation and support.

Awarded, but Still Advocating

Dedicating her award to the thousands of women facing infertility and sexual health struggles, she reminded us: "They are stronger than they think." Her words are trending, but more importantly, they are transforming the way society listens. With every patient she treats and every truth she shares, Dr. Niveditha Kamaraj is healing more than bodies—she's healing bias.

The Voice That Went Viral

RJ SHREE

DIGITAL CREATOR OF THE YEAR
- ENTERTAINMENT

*She started with a mic.
Now, she owns every medium.*

RJ Shree's journey from radio studios to digital stardom is filled with heart, humor, and hustle. Known for her magnetic presence both on-air and online, she now celebrates her biggest spotlight yet: Digital Creator of the Year – Entertainment.

“As a woman, choosing media and entertainment needs big support,” she said on stage. “Thank you, Mom, for doing it. And to my girl gang—who always say ‘Go girl!’ and wait till I finish the race just to lift me up—this is for you.”

With a special shoutout to her sister and her heartfelt joy at being recognized in the entertainment category, Shree reminded everyone that creativity shines brighter when it's backed by love, loyalty, and laughter. She's not just creating content—she's creating space for women to rise.



Nature's Youngest Voice

ANANYA VISHWESH

YOUNG ACHIEVER OF THE YEAR

*At just 13, she's not just observing
nature—she's protecting it.*

The room fell silent with awe as Ananya Vishwesh, all of 13, stepped forward to receive the Young Achiever of the Year award. But her voice? It echoed louder than most. A wildlife conservationist, naturalist, birdwatcher, herpetologist-in-training, wildlife photographer, author, and motivational speaker, Ananya isn't just a rising star—she's a force of nature.

From tracking reptiles to capturing the perfect shot of rare birds, her passion for the planet is fierce and focused. Her message is clear: you're never too young to make a difference.

Ananya Vishwesh is not just growing up—she's growing impact.





India's First Hijabi Actor

ZIBA SHIRIN
EXCELLENCE IN DIGITAL
STORYTELLING

Changing the Frame, Not Her Faith

Ziba Shirin took the stage with grace and gratitude as she accepted the Excellence in Digital Storytelling award. A bold and brilliant digital creator, and now India's first hijabi actor on national television (@suntv), she's redefining what representation looks like—without ever compromising her identity.

"Three years ago, it was just a vision board and a dream," she shared emotionally. "Today, I'm living it. I've never given up my modesty or my hijab for anything—and that's my power."

From styling modest fashion to breaking into mainstream TV, Ziba proves that authenticity is unstoppable. Her win isn't just a personal milestone—it's a new chapter for every girl who chooses faith and visibility.



Teaching Beyond Generations

JHANSI KARTHIKEYAN
EXCELLENCE IN EDUCATION

One Woman's Dream, Three Generations Strong

When a woman dreams of education, she doesn't just change her life—she changes the future.

As Vice Principal of Sivasakthi Matriculation School, Jhansi Karthikeyan does more than manage classrooms—she builds futures. Awarded Excellence in Education, her leadership is rooted in empathy, discipline, and a deep family legacy.

"This was my grandmother's dream," she said emotionally. "She wasn't allowed to teach, but she passed the dream to my mother, who started the school. Now, I carry it forward. One lady's dream is now living beyond her."

With every student she guides, Jhansi proves that a woman's words, when fueled by purpose, ripple through generations.





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23 years of Leadership, Love & Legacy

DR. PAALINI SELVAM - BUSINESS ICON OF THE YEAR

With over two decades of dedication to mental wellness and industry, Dr. Paalini Selvam stands as a living example of passion meeting purpose.

Success is not
just about
breaking barriers
—it's about
healing hearts
and
building empires
with love."



A Stage Lit by Strength and Sisterhood

It was more than a thank-you speech—it was a heartfelt celebration of women, resilience, and the power of self-love. Dr. Paalini Selvam opened her address by honoring the audience, a room full of powerful women and their families. She acknowledged their struggles, celebrated their triumphs, and emphasized the importance of loving oneself unconditionally, regardless of external validation.

Psychology, Passion, and Purpose

Reflecting on her 23-year journey in psychology, Dr. Paalini spoke about her inner calling to help others heal. Her dedication to life coaching and emotional transformation became the foundation of her professional life—long before entrepreneurship entered the picture. Her words resonated with raw sincerity, especially as she emphasized the importance of sticking to one's core purpose.

From Comfort Zone to Corporate Zone

Becoming a business icon was never on her vision board, but life had other plans. Inspired and empowered by her husband—whom she fondly called her "partner in crime"—Dr. Paalini took a bold leap into the business world. The journey began from humble beginnings, but together they built the Acumen Group of Companies, a name now known for its innovation in the industrial sector.



*An ovation
not just for success,
but for a soul that
healed, led, built,
and inspired
Dr. Paalini Selvam
stands tall as
a symbol of what
love, purpose,
and unwavering
belief can truly
create.*



Building Empires with Empathy

Acumen Group today is a diversified powerhouse—offering solutions across OEMs, educational institutions and health care centres, while also exporting services internationally. Yet, Dr. Paalini continues to offer counseling services—proof that her heart remains committed to people. She credits the growth to her team, calling them the “pillars of Acumen,” and thanked each of them for their belief and loyalty.

A Legacy Rooted in Love

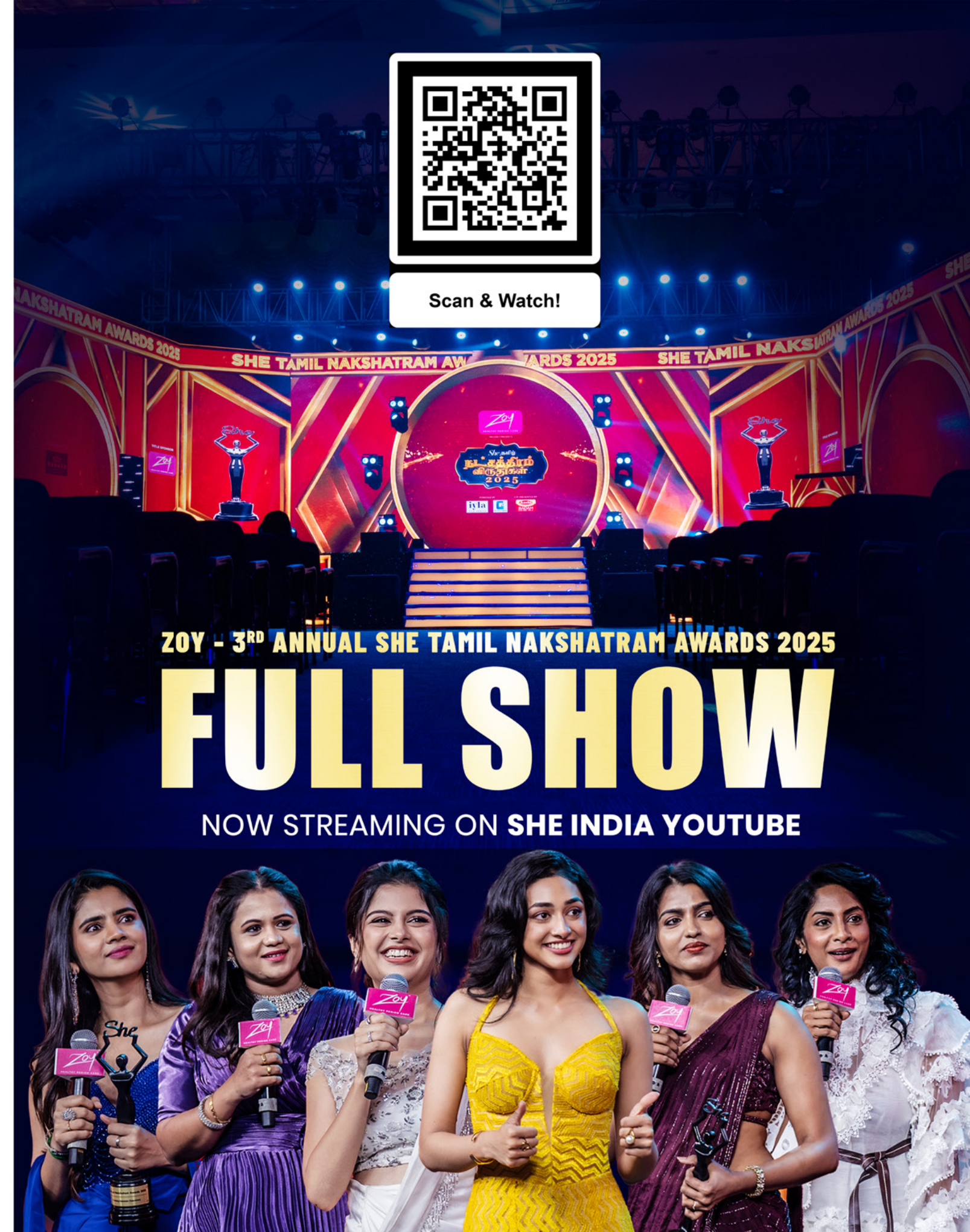
Tears brimmed in her eyes as she paid tribute to her parents. Her mother, who taught her courage, and her late father, who instilled in her the values of humility and integrity. She remembered her brother, her supportive in-laws, and loyal clients around the globe. Above all, she honored her children—her greatest source of motivation and reason to keep growing every day.

The Heart of a Leader

Dr. Paalini Selvam’s story is more than an entrepreneurial success—it is a tale of love, relentless growth, and courage to reinvent. From psychology clinics to boardrooms, she continues to inspire by staying grounded, passionate, and purpose-driven. Her message to every woman in the room was clear: love yourself fiercely, dream without limits, and break every boundary with grace.



Scan & Watch!





The Woman Behind Niyom Groups

NIVEDITHYA MOHAN - ENTREPRENEUR OF THE YEAR

In a space where glass ceilings are reinforced with concrete, Nivedithya Mohan walked in, picked up the blueprint, and built her own skyline.

*It's not tough
for a woman
—when
she's tougher*



She Doesn't Just Build— She Redefines

Some build homes. Some design spaces. Some create opportunities. But she does it all. Nivedithya Mohan, the founder of Niyom Groups, isn't just a real estate developer—she is a movement in motion. With a keen eye for architecture, a visionary mind for design, and the leadership to drive communities forward, she has redefined what's possible in property development.

A Return, A Reinvention

Winning Entrepreneur of the Year was a moment of reflection and fulfillment for Nivedithya. Having returned to India only four years ago after years abroad, her success isn't just impressive—it's transformative. "Learning is easy. Unlearning is difficult," she shared candidly. Her journey is proof that reinvention doesn't need decades; it just needs direction and drive.

A Woman in a Man's Market

Property development is not for the faint-hearted—and certainly not for those expecting glamour. It's approvals, permits, policies, and a lot of patience. "It's a male-dominated industry," Nivedithya admitted. Yet she stepped in with resilience. When asked about working in such a competitive space, she likened it to swimming with whales in a small tank. But even among giants, she's carved out her own depth.



*From Vision to Victory:
Nivedithya Mohan's
Journey in
a Man's World*



More Than Recognition, It's Representation

"This kind of recognition puts us on a better platform," she said. For her, the award is not just personal—it's symbolic. It tells every aspiring woman entrepreneur that success isn't just possible—it's inevitable with hard work, smart thinking, and relentless pursuit. She proves that the industry doesn't need to change for women—women like her will change the industry itself.

Grounded by Gratitude

With grace and warmth, Nivedithya ended her speech with heartfelt thanks. "Thank you, thank you, thank you so much," she said, eyes scanning the room for familiar faces. She thanked Mr. Mani for the event and especially her family, who have supported her since her return to India. "They've been my pillar," she said, and in that moment, the strength behind her smile was clear.

Her Blueprint is Her Own

Nivedithya Mohan is not here to follow trends—she's here to set them. She is the architect of her own future and the builder of spaces that reflect dreams, not just square footage. In every site she leads, in every community she creates, she's sending a message that echoes louder than applause: It's not tough for a woman—when she's tougher.

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the rules
just like you!*

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Stirring Success
from Home

M. MALA
BEST HOMEPRENEUR
— LOVESCA

*Her first award—and a first spark
for many more like her.*

From kitchen experiments to a thriving home-based food brand, M. Mala turned passion into purpose. Receiving her very first award as Best Homepreneur, she beamed with quiet pride—a moment that resonated with countless women dreaming of something more.

“This award doesn’t just celebrate success,” she said. “It adds responsibility — to grow, give, and guide.”

Her journey reminds us: every great venture can begin at home—and with love. Mala’s win is not just a milestone for her, but a message to all homepreneurs waiting to rise.



Gifting Dreams,
1 Milestone

AISHWARIYA
EMERGING HOMEPRENEUR
— AESTHETIC PRESENT

*One Woman’s Dream,
Three Generations Strong*

She creates gifts for others—this one was for her. With a heart full of joy and hands that craft beauty, Aishwariya received her first-ever award as Emerging Homepreneur for her brand Aesthetic Present, which creates meaningful gifts for life’s special moments.

“This is not just a trophy — it’s a turning point in my journey!” she said. “This gift from She Awards is extra special.”

Building a brand from home comes with its own hurdles, but she’s proof that persistence pays off. Her message to fellow dreamers? “Girls, never give up.”





Healing Beyond Boundaries

DR. RISHI VARDHINI - HEALTHPRENEUR OF THE YEAR

From preconception to postpartum—she’s redefining women’s wellness at every stage.

Where Modern
Medicine
Meets
Holistic Care



A Vision Rooted in Purpose
As she accepted the Healthpreneur of the Year award, Dr. Rishi Vardhini stood with humility and purpose. “As a doctor, this is the maximum happiness,” she shared. Her clinic, Beyond Birth, offers a unique, all-in-one hub for women—from preconception to birth and beyond. Her mission? To help people embrace naturopathy and holistic healing alongside traditional medical care.

Raising Awareness for Holistic Wellness
Dr. Rishi is a strong advocate for increasing awareness about natural therapies—tools that often go unnoticed in conventional treatment plans. “Holistic services are not well-known,” she said, “but they’re essential to complete care.” Her integrative approach addresses not just the body, but the emotional and spiritual wellbeing of every woman she treats.

A Personal Dedication, A Public Message
With heartfelt gratitude, Dr. Rishi dedicated her award to her supportive husband, loving parents, and her young son, calling him the light of her life. Her win is more than a personal milestone—it’s a call to action for compassionate, whole-body care for women at every step of their motherhood journey.

Young Minds, **Big Moves**

PREKSHA PRAMOD
YOUNG ENTREPRENEUR
- DIGITOPIAA

At Digitopiaa, innovation starts with passion and purpose.

In a space often dominated by seasoned voices, Preksha Pramod carved her path early. As the founder of Digitopiaa, a startup digital marketing company powered by fresh young minds, she brings a human, relatable approach to the digital world.

Accepting the Young Entrepreneur of the Year award, Preksha humbly said,

“This is our collective victory.”

She dedicated the honor to her parents and her team, proving that behind every bold startup is a strong support system—and a visionary leader.



Shine Bright, **Guilt-Free**

MILANA
RISING ENTREPRENEUR
- MISHKA: LAB-GROWN DIAMONDS

Luxury that's ethical, affordable, and unapologetically bold.

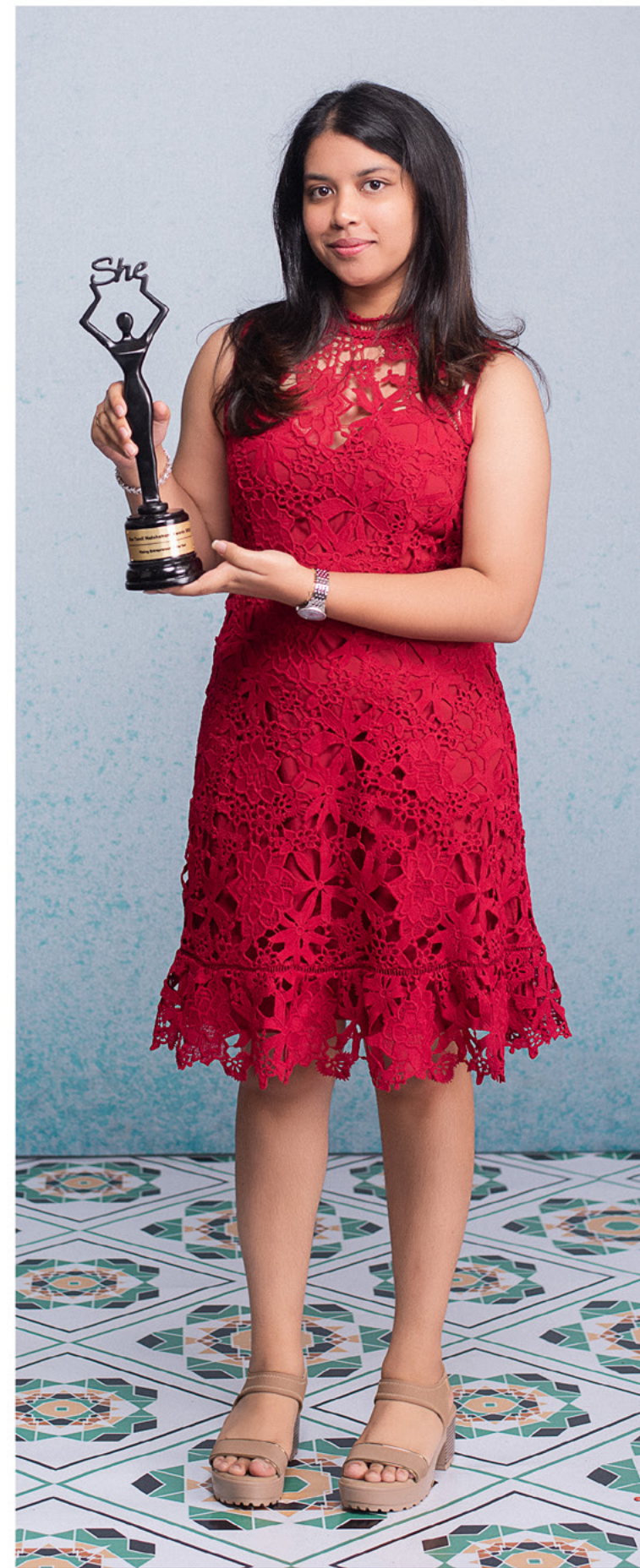
A stunning fusion of fiery rubies and lab-grown diamonds, Mishka isn't just a brand—it's Milana's vision for affordable elegance. Her pieces are crafted for women who dare to stand out without compromise.

With a proud smile, she said:

“I want every woman to wear diamonds without worry — let's make luxury affordable.”

She ended by remembering her biggest inspiration:

“My parents would be incredibly proud.”





Rewiring Possibilities Through Education

DR. GAYATRI NARASIMHAN
DIGITAL EDUCATOR OF THE YEAR
— PRAKRAMIKA INSTITUTE

*Her mission isn't just to teach
—it's to transform lives.*

Dr. Gayatri Narasimhan, founder of Prakramika Institute, was honored as Digital Educator of the Year for her pioneering work in neurodiverse education. With passion and purpose, she's using technology to empower children and adults with special needs, helping them lead independent and dignified lives.

"The world often sees only disability in children. At Prakramika, we see their infinite possibilities," she said, drawing a standing ovation. Her institute's commitment to offering free education to children with special needs is not just noble—it's revolutionary.



First Frame to First Fame

JOFY ABRAHAM
CREATIVE ENTREPRENEUR
- MADRAS PROP STORE

*Eight years. One vision.
A well-earned spotlight.*

At Madras Prop Store, creativity meets craftsmanship. From vintage charm to modern elegance, Jofy has spent years curating handcrafted props that turn every photoshoot into a storytelling moment. "We help you create moments—defining moments," she says. After eight years of relentless hustle, Jofy stood speechless as she received her first-ever award.

"We were Chennai's first prop store. And tonight, this recognition proves it was all worth it." Her journey reminds us that behind every perfect frame lies a passionate creator.



Capturing Life's Littlest Moments

RUBIKA VIMAL RAJ
CREATIVE PHOTOGRAPHER
- BABY SHOTS BY RUBY

Turning tiny toes and sleepy smiles into timeless memories.

As a pioneer in newborn photography, Rubika Vimal Raj has mastered the art of capturing life in its most delicate form. Through Baby Shots by Ruby, she has helped countless families preserve the magic of their baby's first days.

Overwhelmed with gratitude, Rubika dedicated her win to her biggest supporter:

"My guru, my mentor, my everything — this award is his as much as mine."

Her lens doesn't just capture moments — it honors love, family, and new beginnings.



Finding to Guiding

TINA MCDONALD
EXCELLENCE IN
BUSINESS CONSULTING

Behind every great consultant is someone who once believed in her.

Tina McDonald's journey in business consulting has been one of resilience, growth, and vision. As a key force at Haya Aesthetics and Academy, she has helped shape strategies and build confidence—both in brands and people.

Her most emotional moment came when she invited her boss, Nisha Mohuzeen, to join her on stage:

"You believed in me when I was finding myself. Today, I share this honor with you."

Tina's award is more than recognition—it's a reminder that leadership grows best in trust and support.





The Mic. The Moment.
Her Magic.

KOMAL CHALLANI - BEST CORPORATE HOST

*In every spotlight, **Komal Challani** brings not just words — but heart, rhythm, and unforgettable connection.*

The Voice
 Behind
 Every
 Spotlight



**Commanding the Stage
 with Confidence**

Whether it's a boardroom event or a grand gala, Komal Challani brings energy, elegance, and perfect timing to every stage she steps on. As a corporate host, her ability to read the room and engage audiences has made her a favorite among top brands and elite events.

**A Tribute to Her
 Inspiration**

Receiving the Best Corporate Host award, Komal stood with grace and emotion.

"This one's for my dad — my inspiration," she said, her voice steady with pride. She also extended heartfelt appreciation to her peers: "A big shoutout to the incredible emcees in this room who bring every event to life."

**The Voice That Connects
 Stories**

I also want to thank my friends and family — especially my husband — for being my constant support and strength. Komal's presence on stage goes beyond words — she creates seamless experiences that audiences remember. This award is not just a personal milestone, but a celebration of the craft of hosting, and the power of presence, timing, and voice in corporate storytelling.



Where culture meets **Cuteness**

AMUTHAM FASHIONS - KIDS CLOTHING BRAND OF THE YEAR

*Where tradition wraps around tiny shoulders —
Amutham Fashions brings heritage to every celebration.*

*When
tradition
is stitched
with love,
every child
wears
a story.*



From newborns to toddlers, Amutham Fashions has redefined ethnic elegance for little ones. Specializing in handcrafted traditional wear for children aged 0 to 5, the boutique celebrates Indian festivals and cultural milestones through exquisite pieces like Pattu Pavada & Sattai, Kerala Kasavu outfits, Banarasi lehengas, and Madurai Sungudi cotton collections. With every thread woven by local artisans, the brand's soul lies in preserving the legacy of South Indian attire — with fabrics that are as soft as they are beautiful.

Handcrafted Heritage, Modern Reach

Amutham's journey began modestly on Instagram, with a few handpicked designs and a passion to make every child look and feel special. Today, with over 100k loyal followers and a growing community of parents who cherish their collections, Amutham has become a trusted name in kids ethnic wear. The brand ensures every collection stays relevant and stylish, blending tradition with trend — proving that cultural clothing can be timeless and fashionable.

A Shared Victory

Founder Monisha Palanisamy took the stage with gratitude in her heart and a humble smile. "This award is not just mine; it belongs to everyone who has been a part of my journey," she said, paying tribute to her supportive family and loyal customers. What began as a dream stitched with love has now become a symbol of tradition, craftsmanship, and unwavering passion — dressing the next generation in elegance and heritage.



Sripriya, Aparajitha and Vinitha

One Legacy

PRIYASAAGARAM - CLOTHING BRAND OF THE YEAR

*Every saree has a story, and **Priyasaagaram** weaves those stories into timeless beauty.*

Three Women,
One Legacy:
The Power
Behind
Priyasaagaram



A Legacy of Elegance

Priyasaagaram was crowned Clothing Brand of the Year, a celebration of not just textiles but tradition. What started as a passion project by Ms. Sripriya blossomed into one of the most loved saree brands across the region. Known for its unique blend of heritage and modernity, Priyasaagaram has become synonymous with elegance, rooted in culture and crafted with care.

The Power of Three Women

What makes this brand extraordinary is its leadership — a rare synergy between three remarkable women. Founder Sripriya, Co-Founder Aparajitha (her daughter), and Co-Founder Vinitha (her daughter-in-law) represent three generations of vision, creativity, and resilience. At the awards ceremony, Sripriya proudly shared her faith in the younger women's ability to carry forward her dream while crafting a new identity for the brand.

Stories in Every Drape

More than just fabric, each Priyasaagaram saree tells a story — of strength, celebration, and self-expression. The team dedicated the award to every woman who chose their sarees not just to dress up, but to stand tall in their truth. As they continue their journey, the trio remains committed to empowering women through clothing that is deeply rooted in Indian tradition yet speaks to the modern soul.



From kitchen counter to

Award counter

HAPPY TUMMY FOODS - KIDS BRAND OF THE YEAR

When motherhood sparks a movement — Happy Tummy is more than just food.

Where
tradition meets
nutrition,
one tiny
spoonful at
a time.



From Motherhood to Mission

Happy Tummy Foods, founded by Iswarya Meygnanam, was named Kids Brand of the Year — a proud moment for the mompreneur who began her journey from an engineer's desk to a kitchen filled with tradition and purpose. As a mother of two, Iswarya was driven by her personal quest for clean, traditional food options for her children. What began in 2021 as a labor of love at home has now grown into a full-fledged production unit, built on the foundation of trust, authenticity, and a mother's unwavering care.

Made with Love, Served with Integrity

Happy Tummy Foods isn't just a brand — it's a promise of purity. Every product is made fresh in small batches with 100% natural, traditional ingredients. With no preservatives or additives, Iswarya ensures that each spoonful carries the nutrition and safety parents can trust. The facility is maintained with the highest hygiene standards, reflecting the same level of care a mother would give her own child. It's food with ethics, nourishment with soul.

One Smile

Beyond nutrition, Happy Tummy Foods is about spreading joy — one giggle, one spoonful, one bright-eyed smile at a time. "A kid's smile begins with a Happy Tummy," Iswarya shared, as the room erupted in applause. Her belief that food is not just sustenance but a source of delight resonates with parents everywhere. And as she often says: "Happiness in every bite — that's the Happy Tummy Promise."



Stronger Women, Smarter **Wellness**

FORTITUDE FITNESS STUDIO
DIGITAL FITNESS STUDIO
OF THE YEAR

*For the Women Who Show Up
for Everyone
— This One Shows Up for You*

Fitness that fits into your life, not the other way around.

Fortitude Fitness Studio, founded by A. Anusha, is changing the game in wellness. From weight loss and gain to rehab, strength, and sports training, it brings fitness to your fingertips — anywhere, anytime.

“Women who take care of their families and go to work often don’t have ‘me time,’” said Anusha.

“So, to make them healthy and fit, we moved digital.”

This award is more than a title — it’s a reminder that well-being isn’t a luxury; it’s a right. Fortitude empowers women to reclaim it.



Natural Advice, Timeless **Beauty**

**S. JAYALAKSHMI, S. KOWSALYA,
P. SRITHA & S. PERIYANAYAKI**
BEAUTY ADVISORS OF THE YEAR
LAKSHMI KRISHNA NATURALS TEAM

*When women empower women
— beauty becomes a movement,
not just a routine.*

The power team behind one of Tamil Nadu’s most beloved beauty brands took center stage with grace and gratitude. Together, these four women proudly dedicated their win to Mr. Mohan, MD of Lakshmi Krishna Naturals — a man they described as “the soul of our success.”

“This award is for every woman who trusted our advice and embraced their natural beauty,” they shared in unison — a true reflection of team spirit and empowerment.

From beauty tips to building trust, this team proves that authenticity, care, and connection are always in style.



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